



## PRESIDENT'S MESSAGE

Hi Fellow Tritons;

The summer dive season is now open for business. So, dust off your gear, give it a thorough check and join in the fun and festivities of diving. From Haigh Quarry to Milwaukee, you can find something that will appeal to your innate desire to be totally immersed in the wet stuff.

We also have some great social activities for you to join with your fellow Tritons. Coming up at the end of this month is the ever popular Memorial Day Bike, Walk and Eat Fest hosted by Milt and Margy Levenberg.

There are classes set to start on June 1<sup>st</sup> and we already have 2 students signed up. Please pass the word around. See the flyer in the Triton Trib.

I'll see you at the next meeting on May 26th.

Happy Diving,  
Mike Leibovitz, President

[WA9EVF@comcast.net](mailto:WA9EVF@comcast.net) 773-465-0981

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## MEMBERSHIP REPORT May, 2015

Our current membership stands at:

65 full members

1 Associate

Up for vote at the May meeting will be Leticia Huerta

Dives: John Guennewig Pasodel Cedral (Cozumel) 4/21/2015

Adolph Habich Dahla (cozumel) 4/22/2015

Many meetings & social events including and running an event.

I have made up a new roster, members please let me know if you want me to e-mail a copy to you.

Adolph Habich - Membership Committee.

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## UPDATE YOUR ROSTERS

Pam Romund

Email: [romund@gmail.com](mailto:romund@gmail.com)

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## WANTED TICS

Many thanks to everyone who has stepped up to run an event this year. However we still have need for a few more to complete the remainder of our calendar.

**8/8/15** Saturday – Charter Dive Milwaukee or Chicago, You Pick

**9/5/15** Saturday - Segway Tour You Pick

### BOARD OF DIRECTORS

President – Mike Leibovitz

Vice-President – Ron Levin

Secretary – Dave O'Malley

Treasurer – Lea Hotton

First Director – Scott Reimer

Second Director – Mary VanHouten

### COMMITTEE CHAIRS

Audit – Diana Skiba

By Laws & Rules – Gary Duszak

Entertainment – Dave Vemmer

Equipment & Safety – S. Leibovitz

Events – Pam Romund

Membership – Adolph Habich

Merchandise – Brian Clarke

Nominating – Steve Leibovitz

Publicity/Web Site – Adolph Habich  
/ Milt Levenberg

Director of Training – Rich Schak

Editor of the Trib – Pam Romund

Illinois Council Delegates – Chuck  
& Margo Miller

**DAN SPONSOR #29362**

# TRITON EVENTS CALENDAR

## May, 2015

|               |                                |  |
|---------------|--------------------------------|--|
| Sunday, 5/24  | Memorial Day Bike, Walk & Eat! | Milt & Margy Levenberg 847-680-1223 (Margy home)<br>847-858-1271 (Milt cell phone) |
| Tuesday, 5/26 | Business Meeting               | Giuseppe's Restaurant - 7:30 PM<br>1062 Lee St, Des Plaines, Illinois, 60016       |

## June, 2015

|                |   |   |
|----------------|---|---|
| Monday, 6/1    | OW Classes Begin                        | Wheeling High School – Triton Board of Education                                  |
| Sunday, 6/7    | Dive & Picnic – Haigh                   | Brian Clarke & Lea Ann Hotton   |
| Tuesday, 6/9   | Triton Trib Deadline                    | Pam Romund 773-791-3142, <a href="mailto:promund@gmail.com">promund@gmail.com</a> |
| Thursday, 6/11 | Concert in the Park<br>Harmony Park, AH | Pam Romund 773-791-3142, <a href="mailto:promund@gmail.com">promund@gmail.com</a> |
| Saturday, 6/13 | River Tour                              | Chris Demski (cdemski@sbcglobal.net)  |
| Tuesday, 6/23  | Business Meeting –<br><b>OPEN HOUSE</b> | Giuseppe's Restaurant - 7:30 PM<br>1062 Lee St, Des Plaines, Illinois, 60016      |
| S & S 6/27-28  | Training Weekend                        | Board of Education  |

## July, 2015

|                |                          |  |
|----------------|--------------------------|--|
| Saturday, 7/4  | Extended Dive Trip TBD   | <b>Canceled NO TIC</b>   |
| Sunday, 7/12   | Milwaukee Dive – Willie! | Ron Levin <a href="mailto:snappyron@sbcglobal.net">snappyron@sbcglobal.net</a>     |
| Tuesday, 7/14  | Triton Trib Deadline     | Pam Romund 773-791-3142, <a href="mailto:promund@gmail.com">promund@gmail.com</a>  |
| Saturday, 7/25 | Minor League Baseball    | Angi McKeon ( <a href="mailto:ammckeon@sbcglobal.net">ammckeon@sbcglobal.net</a> ) |
| Tuesday, 7/28  | Business Meeting         | Giuseppe's Restaurant - 7:30 PM<br>1062 Lee St, Des Plaines, Illinois, 60016       |

## August, 2015

|                |                           |   |
|----------------|---------------------------|---|
| Saturday, 8/1  | Howard/Etherton Day       | Pearl Lake/Board of Education   |
| Saturday, 8/8  | Charter Milw or Chicago   | <b>Need TIC</b>   |
| Tuesday, 8/11  | Triton Trib Deadline      | Pam Romund 773-791-3142, <a href="mailto:promund@gmail.com">promund@gmail.com</a>   |
| S&S, 8/15 & 16 | Training Weekend          | Board of Education  |
| Sunday, 8/23   | Concours Classic Car Show | Dave O'Malley 847 209-1738 and <a href="mailto:djo2362@msn.com">djo2362@msn.com</a> |
| Tuesday, 8/25  | Business Meeting          | Giuseppe's Restaurant - 7:30 PM<br>1062 Lee St, Des Plaines, Illinois, 60016        |

## September, 2015

|               |                         |   |
|---------------|-------------------------|---|
| Saturday, 9/5 | Segway Tour             | <b>Need TIC</b>   |
| Tuesday, 9/8  | Triton Trib Deadline    | Pam Romund 773-791-3142, <a href="mailto:promund@gmail.com">promund@gmail.com</a> |
| Sunday, 9/13  | Charter Milw or Chicago | <b>Need TIC</b>   |
| Tuesday, 9/22 | Business Meeting        | Giuseppe's Restaurant - 7:30 PM<br>1062 Lee St, Des Plaines, Illinois, 60016      |
| Sunday, 9/26  | Oktoberfest             | <b>Need TIC</b>   |

\* Note: Date Change

## **COOKING FOR CHARITY, SATURDAY, MAY 16 FISHER HOUSE, HINES, IL**



It was another great day at the Fisher House. Four Tritons gathered to make some fantastic grub (or so we were told) for the residents and staff.

The house has 20 bedroom suites to accommodate guests and features a fully stocked kitchen, spacious dining room and several common living room areas for families to gather and offer each other support and friendship while their loved ones are hospitalized at Hines

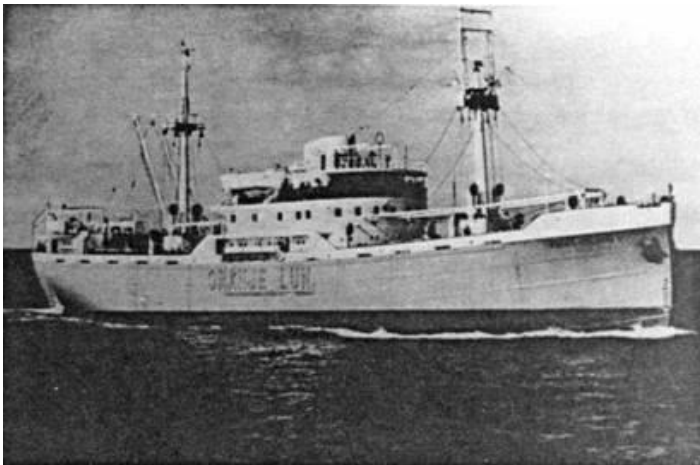
Our menu consisted of Chicken Marsala, oven roasted potatoes, green salad with

pecans and strawberries, USMC approved corn casserole, fresh fruit salad and yellow and chocolate cupcakes for dessert! Running an event like this one isn't possible unless you have many extra hands to pitch in with the cooking and the clean-up – many thanks to Don Morrill (ace slicer/dicer – fruit, mushrooms, potatoes, it didn't matter, he took them all in stride), Pam Romund (cupcake maven) and Judi Stephens, who took on both the corn casserole and salad duties. I would also like to thank all who brought food to the April meeting so that we could restock their pantry. Also a big thank you to Joan Chibe, Chris Demski and Adolph Habich who weren't able to attend but still paid to offset the cost of the food. I hope we can do it again next year.

TIC: Jan O'Malley

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## **DIVE THE WILLY AND DREDGE SUNDAY, JULY 12TH 1:00 PM AT JERRY'S DOCK IN MILWAUKEE**



*THE "WILLIE" IS THE MOST POPULAR SHIPWRECK IN THE AREA. SHE IS LAYING ON HER STARBOARD SIDE AT A DEPTH OF 45 to 110FT. THIS STEEL CARGO SHIP IS 258FT LONG AND SANK IN 1954.*

*THE DREDGE #6 OR #906 IS ANOTHER POPULAR AND UNIQUE SHIPWRECK. SHE LIES AT A DEPTH OF 30 to 70FT. SHE IS 120FT LONG AND SANK IN 1956. SHE IS LAYING UPSIDE DOWN ON HER STRUCTURE AND YOU CAN SWIM EASILY BENEATH THE DECK.*

I have booked A&J dive Charters out of Milwaukee. We have the 1:pm Afternoon dive for 6. This is a fast boat that accommodates 6 divers,

leaving from the same dock as the Lender. I have chosen the Prinz Wilhelm and the Dredge, however this is flexible and open for discussion. Fee is \$85.00 per person BYO air tanks. Their website is [ajdivecharters.com](http://ajdivecharters.com), check it out there is information on all the shipwrecks in the Milwaukee area. Their boat, the Sarah Jane is a 35 ft. Owens Concorde. She was built in 1971 but don't let her age fool you, she has been re-powered with twin 454 Mercruiser engines and has a top speed of 35 MPH make her one of the fastest Scuba charter boats in the Milwaukee area. I will need a \$25.00 per person deposit to hold your spot.

TIC: Ron Levin [snappyron@sbcglobal.net](mailto:snappyron@sbcglobal.net)



## **1<sup>ST</sup> DIVE OF THE SEASON – HAIGH QUARRY SUNDAY, JUNE 7TH**

Come on out – enjoy a fun day at the Quarry. There will be diving, food and more! Your chance to explore the wreck of the Flamingo, check out the rock crusher and play with the fish. We will be grilling and soaking up the sun. More details to come at the meeting. Plan now on signing up!

TICs: Brian Clarke and Lea Hotton

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## **LEARN TO SCUBA – OW CLASSES BEGIN MONDAY, JUNE 1 – WHEELING HIGH SCHOOL**

Know of anyone wanting to learn to dive? Tell them about this class. Learn the fundamentals of diving. During these five sessions you will master all of the skills necessary to become a certified scuba diver. The training offered is the PADI, Professional Association of Diving Instructors, system of training. The most popular in the world. Upon completion of your performance based training you will be eligible to attend your open water certification dives with The Tritons, one of the oldest and most successful scuba organizations in the Chicago area. Make sure you have your swimsuit, towel, mask, snorkel, fins, and boots and be prepared to have some fun! Additional material fee is approximately \$60. 5 Sessions \$135 Classroom 7-8 pm; Pool 8:00-10:00pm 3801 Mon 6/1-6/29 Wheeling Pool [www.ce214.org](http://www.ce214.org) 847-718-7700

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## **COZUMEL TRIP**

On April 18<sup>th</sup> twelve Tritons winged their way down to sunny Cozumel, it was wonderful to have the sunshine on our faces. But without our intrepid TIC Randy Skiba (both he and Diana were sick and couldn't make it) it wasn't quite the same but we did muddle through – after all, we had sun, water, and margaritas!

We stayed at the Occidental Grand Cozumel Resort which was an all-inclusive – everything but night diving was already paid. The diving was great, and for most of the week, it was drift diving - the only issue was trying to stop and look at something or point out to your buddy, you zipped by too quickly. We saw turtles, sharks. Morays, all sorts of other fascinating creatures. On one dive my buddy, Ed Littel, and I came up, there were at minimum 20 boats around us and an equal number of turtles who were resting on the surface trying to escape the chaos below, it was a sight to see.

Food at the resort was very good and there was always at least one restaurant open to grab a bite most any time of the day or night. In the evening there was live entertainment in the plaza which was a fun way to wind down the day. Diving was done in the AM so that left the afternoon for laying by the pool, taking a siesta or catching up on your reading, whatever you wanted.

On Friday there was no diving so we decided to rent van and see the sights! Many thanks to Gustavo who went with me to the rental car company and we were able to get some great tips on where to go and what to see. First off we headed to the South end of the island and headed around, stopping on the East side to check out the view and the open air markets. Next stop was the Tequila Factory, where for \$10 each, we were given a Margarita in a glass the size of a fish bowl! We were then shown how tequila is made and then taken into the tasting room where we are able to spend a hour sampling all we wanted (again for our initial \$10). Then we headed into town for some shopping and were able to park for free at the Mega Mall. It was a fun day and a great trip.

Stand-In TIC Pam Romund

**CHECK YOUR CALENDAR - THIS WYEAR'S BIKE  
RIDE IS SUNDAY!!!!!!**

**MEMORIAL DAY BIKE RIDE**

**ON SUNDAY, MAY 24, 2015**

**MEET AT MILT & MARGY'S HOUSE AT 10 AM FOR DONUTS**



Join the Tritons for a bicycle ride, walk, or just lots of food. Bring your bicycle or feet, \$5, and a dish to share. We will take a short drive to access the Des Plaines River Trail, a great, crushed-gravel bike and hike trail.

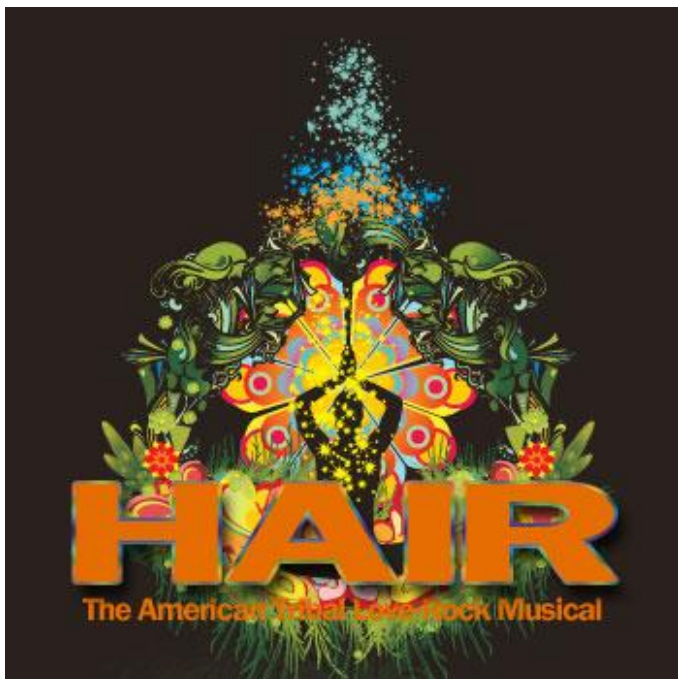
Address, phone, & directions for  
Milt and Margy Levenberg's house:  
31057 Prairie Ridge Road, Libertyville  
(really it's Green Oaks)

847-680-1223 (Margy at home) 847-858-1271 (Milt on cell phone)

***I-294 North to I-94 North to Route 137 (turn left/west on Buckley Road)  
to O'Plaine Road (turn right/north) to Guerin Road (turn left/west)  
to Prairie Ridge Road (turn right/north). Veer left on the circle  
to 31057 on the left. Park only on the left side of the street.***

<http://wizardcraft.net/map-to-levenberg.html>

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**DINNER AND A SHOW**  
**Saturday, May 2, 2015**  
**Prairie Lakes Theatre**

*Hair* is a stage work in two acts. It tells the story of a "tribe" of passionate, politically active "hippies" who confront the Vietnam War, free love, racism, societal values and their place in the world of the turbulent '60s.

We met at Moretti's Restaurant in Mt. Prospect to enjoy some fun, food and drink before the theater. We then headed over to the Prairie Lakes Theater in Des Plaines for the show.

As usual the Big Noise Players out of Winnetka didn't disappoint – they always present a professional and polished performance, we enjoyed the music and the memories it brought back. A really fun evening was had by all.

TIC: Pam Romund

Many thanks to Pete Kloga and Glenn Beall for sending this to our attention. Excerpted from Lake County News-Sun, Tuesday, April 21, 2015, Associated Press

## **AS THE ICE CLEARS, LAKE MICHIGAN SHOWS OFF SUBMERGED SHIPWRECKS**

That's not a sunken ship in the Bahamas you're looking at, but an ill-fated vessel in the frigid waters of Lake Michigan. The great lake is currently in a state of springtime transition that occurs each year after the winter ice melts and before the return of summer sediment and algae.

The Coast Guard helicopter out of Traverse City, MI, was on a routine patrol when the crew spotted the wrecks and got pictures of them. The shallow waters of the lake off the Leelanau Peninsula near Leland are the site of many 19<sup>th</sup> and early 20<sup>th</sup> century shipwrecks. The area is known as the Manitou Passage between the mainland of the northwestern Lower Peninsula and North and South Manitou Islands.

Photo: Petty Officer Mitch Brown  
US Coast Guard Station Traverse City, MI



The crew posted six photos of the shipwrecks on its Facebook page. They were taken Friday. Among the wrecks photographed was the Rising Sun, a 133 foot long wooden steamer stranded just north of Pyramid Point, which foundered in 1917. Also photographed is James McBride, 121 foot rig that ran aground in 1857.

The National Park Services, which manages the Sleeping Bear Dunes National Lakeshore, announced last month that the wreckage of the Jennie & Annie was now visible again on the beach halfway between North and South Bar Lakes. The schooner ground off Empire in 1872. The shipwreck is visible every few years.

Different factors that include beach erosion, wind, waves and variable lake levels mean that various wreck fragments

periodically become visible along the dunes shoreline.

The wrecks are considered public property and cannot legally be disturbed.

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# A big *Triton* THANK YOU!

The following businesses support our organization and we thank them for the generosity. The next time you stop in mention you are a Triton & personally thank them for their support.

## **BELOW H20**

554 S. Route 59  
Naperville, IL 60540  
630-820-2531

## **CHICAGOLAND SCUBA**

463a South Rand Road  
Lake Zurich, IL 60047  
847-540-7211

## **DJ'S SCUBA LOCKER**

9301 W. Ogden Ave.  
Brookfield, IL 60513  
708-442-4388

## **HAIGH QUARRY**

2738 E 2000 North Road  
Kankakee, IL 60901  
815-939-7797

## **PIRATE'S COVE DIVING**

1103 West Oklahoma Avenue  
Milwaukee, WI 53215  
414-482-1430

## **TOUCAN DIVE CENTER**

756 Frontage Road  
Lake Villa, IL 60046  
847-356-7826

## **BERRY DIVE CENTER**

3402 N. Milwaukee  
Northbrook, IL  
847-358-3848

## **DD DIVE SHOP**

1039 Waukegan Road  
Glenview, IL 60025  
847-657-3483

## **ENTERPRISE MARINE**

420 Michael Court  
Des Plaines, IL 60016  
847-640-8113

## **PEARL LAKE RESORT**

Highway 251  
South Beloit, IL 61080  
815-389-1479

## **SCUBA EMPORIUM**

16336 S. 104th Avenue  
Orland Park, IL 60467  
708-226-1614

## **UNDERSEAS SCUBA CENTER**

611 N. Addison Avenue  
Villa Park, IL 60181  
630-833-8383

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Reprinted from DAN The Ears and Diving, Understanding Equalization. Part of the Health & Diving Reference Series.

## **PRACTICE MAKES PERFECT**

Divers who experience difficulty equalizing may find it helpful to master several techniques. Many are difficult until practiced repeatedly, but this is one scuba skill you can practice anywhere – in a pool, on a plane or even at your desk. Just do it gently!

## **HOW TO EQUALIZE**

There are several techniques divers can employ to effectively equalize their ears. Here are some useful techniques to try.

**Passive:** Requires no effort. Occurs during ascent.

**Voluntary Tubal Opening:** Try yawning or jaw wiggling.

**Valsalva Maneuver:** Pinch your nostrils and gently blow through your nose.

**Toynbee Maneuver:** Pinch your nostrils and swallow (good technique if equalization is needed during ascent).

**Frenzel Maneuver:** Pinch your nostril while contracting your throat muscles and make the sound of the letter "K".

**Lowry Technique:** Pinch your nostrils and gently try to blow air out of your nose while swallowing (think the Valsalva Maneuver meets the Toynbee Maneuver).

**Edmonds Technique:** Push your jaw forward and employ the Valsalva Maneuver or the Frenzel Maneuver.



# *The Tritons*

FOUNDED IN 1957

P. O. Box 1025  
Des Plaines, IL 60017-1025  
May, 2015

*Triton* DIVE LINE: 847-394-0975

*www.TheTritons.com*

*DAN Sponsor -# 29362*

# *The Tritons*

**See you Tuesday, May26, 2015 at 7:30 PM**

## ***Giuseppe's***

**1062 Lee St Des Plaines, IL  
(847) 824-4230**

**The restaurant is situated on Lee Street, north of Algonquin and south of Northwest Highway**