



## PRESIDENT'S MESSAGE

Hello Tritons,

March is upon us and that means the annual Triton Board of Directors elections will be taking place at this month's business meeting. The proposed change to the By-laws regarding how you can cast a proxy vote was passed at the February meeting and is published in its' final form in this issue of the Trib. Please take a few minutes to read this change and if you have any questions, please contact one of the members of the Board for any clarifications you may need. Hopefully, this change will make it easier for each member to be an active part of this most important aspect of our club.

You also need to think about another important club event and that is the Annual Anniversary Party. This year the club celebrates its' 56<sup>th</sup> year in existence and that is quite a record for an all volunteer club to have achieved. The date you need to save is Saturday April 13<sup>th</sup> and all of the details of where we will meet this year are published in this issue. Come and join us to renew old acquaintances, find out who receives the Triton of the Year and best event awards and to meet your Board members for the coming year. Ed Littel and I will be the TICs for this event. As I will be out of town for the latter part of March, Ed will be happy to accept your checks and reserve your special spot at this event at the March Business meeting. If you are unable to make the March meeting, you can always mail Ed your check.

I look forward to seeing you at the Anniversary Party in April.

Good diving to all,  
Randy

### BOARD OF DIRECTORS

President – Randy Skiba  
Vice-President – Mike Leibovtiz  
Secretary – Dave O'Malley  
Treasurer – Ed Littel  
First Director – Ron Levin  
Second Director – Tricia Shields

### COMMITTEE CHAIRS

Audit – Diana Skiba  
By Laws & Rules – Gary Duszak  
Entertainment – Dave Vemmer  
Equipment & Safety – S. Leibovitz  
Events – Pam Romund  
Membership – Adolph Habich  
Merchandise – Brian Clarke  
Nominating – Margy Levenberg  
Publicity/Web Site – Adolph Habich  
/ Milt Levenberg  
Director of Training – Rich Schak  
Editor of the Trib – Pam Romund  
Illinois Council Delegates – Chuck  
& Margo Miller

**DAN SPONSOR #29362**

## MEMBERSHIP REPORT

March, 2013

Our current membership is:  
70 full members  
1 associate member  
TOTAL 71 members

Adolph Habich - Membership Committee.

## UPDATE YOUR ROSTERS

New address:  
Bruce and Sue Longman  
4615 S.W. 8th Court, Apt.10  
Cape Coral, Fl. 33914  
No land line. Cells-Sue's 239-565-2898, Bruce's 239-989-7878  
Email – [shpwrk2@embarqmail.com](mailto:shpwrk2@embarqmail.com)

# TRITON 2013 EVENTS CALENDAR

## March, 2013

Tuesday, 3/26	Business Meeting / General Elections	Giuseppe's Restaurant - 7:30 PM 1062 Lee St, Des Plaines, Illinois, 60016
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## April, 2013

Tuesday, 4/9	Triton Trib Deadline	Pam Romund 847-698-5490, <a href="mailto:promund@kraftfoods.com">promund@kraftfoods.com</a>
Saturday, 4/13	Anniversary Party	Randy Skiba, <a href="mailto:r_skiba@comcast.net">r_skiba@comcast.net</a> and Ed Littel ee2littel@sbcglobal.net
Tuesday, 4/23	Business Meeting	Giuseppe's Restaurant - 7:30 PM 1062 Lee St, Des Plaines, Illinois, 60016
Saturday, 4/27	Cooking for Charity	Pam Romund 847-698-5490, <a href="mailto:promund@kraftfoods.com">promund@kraftfoods.com</a>

## May, 2013

Sunday, 5/5	Road Rally	Joan Chibe & Pam Romund <a href="mailto:promund@kraftfoods.com">promund@kraftfoods.com</a>
Saturday, 5/11	Dinner and a Show	Pam Romund 847-698-5490, <a href="mailto:promund@kraftfoods.com">promund@kraftfoods.com</a>
Tuesday, 5/14	Triton Trib Deadline	Pam Romund 847-698-5490, <a href="mailto:promund@kraftfoods.com">promund@kraftfoods.com</a>
Saturday, 5/18	Quarry Dive & Picnic	Reimer, Scott <a href="mailto:streimer1@comcast.net">streimer1@comcast.net</a>
Sunday, 5/26	Memorial Day Bike, Walk and Eat!	Margy & Milt Levenberg <a href="mailto:margyspec@comcast.net">margyspec@comcast.net</a> or <a href="mailto:milspec@comcast.net">milspec@comcast.net</a>
Tuesday, 5/28	Business Meeting	Giuseppe's Restaurant - 7:30 PM 1062 Lee St, Des Plaines, Illinois, 60016

## June, 2013

Saturday, 6/1	Comedy Club Outing	<b>Need TIC</b>
Sunday, 6/9	Wreck Dive – Chicago or Milwaukee, TIC Choice	<b>Need TIC – TIC Choice</b>
Tuesday, 6/11	Triton Trib Deadline	Pam Romund 847-698-5490, <a href="mailto:promund@kraftfoods.com">promund@kraftfoods.com</a>
Saturday, 6/15	Arena Football	Jim Hynan, 847-559-9014, <a href="mailto:jhynan74@gmail.com">jhynan74@gmail.com</a>
S&S, 6/22/23	Training Weekend	Board of Education
Sunday, 6/23	Quarry Dive & Picnic	Board of Education
Tuesday, 6/25	OPEN HOUSE	Board of Directors - Guests!!

## July, 2013

*Sun-Sat 7/8- 7/12	Florida Keys Wreck & Reef Diving	Jim Hynan, 847-559-9014, <a href="mailto:jhynan74@gmail.com">jhynan74@gmail.com</a>
Sunday, 7/14	Mini Golf or Segway Oak Park	<b>Need TIC – TIC Choice</b>
Tuesday, 7/25	Business Meeting	Giuseppe's Restaurant - 7:30 PM 1062 Lee St, Des Plaines, Illinois, 60016
Saturday, 7/27	Wreck Dive – Chicago or Milwaukee, TIC Choice	<b>Need TIC – TIC Choice</b>
Sunday, 7/28	Jim Haigh Memorial Dive	Charity Dive & Raffle - Haigh Quarry Staff

## August, 2013

Friday, 8/2	Concert in the Park	<b>Need TIC</b>
Saturday, 8/3	Howard/Etherton Day Quarry Dive, Pearl Lk	Board of Education
Sat/Sun, 8/3-4	Training Weekend	Board of Education
Saturday, 8/10	Tall Ships Tour	<b>Need TIC</b>

\*Date or Event change

# EVENTS CALENDAR

The new year is upon us and we have a need for TICs to run some of the events. It isn't difficult and we are happy to help. Please contact me if you see an event that would be of interest. Or if you have come across something that you think would be a good fit, we can always swap out something for another or add it on to the calendar.

Thanks for your help!  
Pam Romund, Events Committee  
847-698-5490 [promund@kraftfoods.com](mailto:promund@kraftfoods.com)

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## 2013 TRITON ELECTION SLATE

**Vice President:** Mike Leibovitz

**Treasurer:** Ed Littel - Rosana Vemmer

**Director:** Lea Hotton - Sam Polonetsky - Scott Reimer

Our elections will be held at the March meeting. Please call or email the Nominating Committee if you would be willing to run for Vice President or Treasurer. Thank you to all those who have agreed to be on the slate in 2013.

If you will be voting someone's proxy please remember there is a limit of three proxies maximum per member. Be sure to check out the revisions to the election procedures below. Thanks!

2013 Nominating Committee  
Margy Levenberg, Chair  
Renee Tobias and Dave Vemmer

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## BY-LAWS NOMINATING COMMITTEE CHANGE

Attached with this newsletter is a copy of the of the Approved Nominating Procedure changes for 2013. The additions to the Election Procedures are highlighted in red and green. These changes will allow club members to send proxies by e-mail or fax. The Board of Directors would like to give a special shout-out to Gary Duszak for his hard work on the changes.

Thanks, Dave O'Malley

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## REUNION JAZZ ORCHESTRA MARCH 14 – ANDY'S JAZZ CLUB

The Fourth Annual Chi-Town Jazz Festival is running March 12-22. All proceeds (musicians and venues donate their services) go to support hunger relief in the Chicago area. As part Jazz Fest on Thursday, March 14th Tammy McCann and the Reunion Jazz Orchestra (featuring our own Ron Levin) will perform at Andy's Jazz Club, 11 E. Hubbard, Chicago. Show time is 7:00 PM.

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## PIZZA GET TOGETHER

Saturday, March 2nd, fifteen Tritons and three guests ventured out into the cold to Gino's East Pizza in Chicago. We started with a wonderful salad with Gino's house dressing. Very tasty!! Then followed up with a hot, steamy deep dish pizza.

Spinach seemed to be a favorite topping at the table. This was all topped with warm conversation of future trips and trips gone by, new experiences and some very fond ones in the past. A good time was had by all. Hope to do this again. Thanks to all who joined us!



TIC: Angi McKeon

**COOKING FOR CHARITY, SATURDAY, APRIL 27  
NEW VENUE – FISHER HOUSE, HINES, IL**



Fisher House is “a home away from home” for family members, caregivers or loved ones of patients receiving medical care at major military and VA medical centers. It is a temporary residence and is not a treatment facility, hospice or counseling center. By law, there is no charge for any family to stay at a Fisher House operated by the Department of Veterans Affairs.

Hines Fisher House opened its doors on March 1, 2010 and has provided accommodations to over 1600 guests. The house has 20 bedroom suites to accommodate guests and features a

fully stocked kitchen, spacious dining room and several common living room areas for families to gather and offer each other support and friendship while their loved ones are hospitalized at Hines. We will be cooking dinner for the residents and staff. We will bring the food and cook it on premise. We also hope to provide items for their pantry and wish list. Space is limited for this event so if you are interested please sign up quickly. Cost will be \$12.00 per person to enable us to purchase food for the dinner.

TICs: Jan O’Malley and Pam Romund 847-698-5490, promund@kraftfoods.com

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**NEW - JUST ADDED TO THE CALENDAR!!**

**CHICAGO RUSH ARENA FOOTBALL  
SATURDAY JUNE 15TH  
ABOUT \$25.00**



The home team will play the San Antonio Talons on Saturday nite, June 15<sup>th</sup>, at 7 PM. Cost about \$25, depending on our numbers. Would be good to get a cheaper group rate for 10 or more. Put it in your calendars now, let Jim know at the March meeting. Sign up early and often, these games are fun. So is the pizza after.

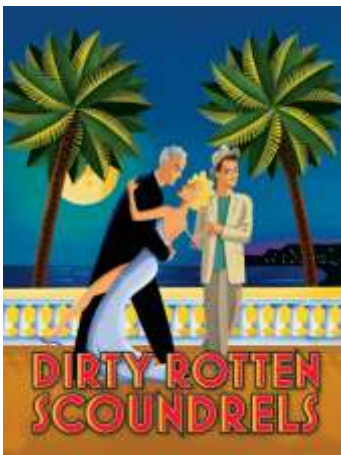
TIC: Jim Hynan 847-559-9014 [jhynan74@gmail.com](mailto:jhynan74@gmail.com)

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**DINNER AND A SHOW  
SATURDAY MAY 11<sup>TH</sup>**

Prairie Lakes Theater

515 E. Thacker Street, Des Plaines, IL 60016



Based on the popular 1988 film, two con men — the cultivated and suave Lawrence and small time American thief Freddy — soon find out that the French Riviera isn’t big enough for the both of them. They agree on a settlement: the first one who manages to get \$50,000 from a young female target, heiress Christine Colgate, will get to stay and the other will leave.

We will again venture to the Prairie Lakes Theater to enjoy a night out, we will have dinner in the area first (TBD) and then head over to the theater for the 8:00 PM show. Cost for the show will be about \$28 per person.

I won’t be taking sign-ups for this until the April meeting but check your calendars, if you wish to attend drop me a note and I will add you to the list.

TIC: Pam Romund, 847-688-5490, promund@kraftfoods.com

## **DIVING TIPS: SAVING AIR**

Do you breathe your tank down faster than your buddy? Here are 5 diving tips to help conserve your oxygen and extend your bottom time.

### **1. Fix the small leaks**

Even a tiny stream of bubbles from an O-ring or an inflator swivel adds up over 40 minutes, and may be a sign of more serious trouble ahead anyway. A mask that doesn't seal is another kind of leak in that you have to constantly blow air into it to clear out the water. It's also a source of stress, which needlessly elevates your breathing rate and thereby reduces your breathing efficiency. Does your octo free-flow easily? That can dump a lot of air quickly. Detune it or mount it carefully so the mouthpiece points down.

### **2. Dive More**

Inexperienced divers are famous for burning through their air supply at a furious rate, so one of the best diving tips for saving air is to simply dive more often. You may not be a new diver, but unless you dive almost every week it's still an unnatural activity. By diving more, your body will get used to the idea, and you'll breathe less.

### **3. Swim Slowly**

The energy cost of speed is even more than you might think: Swim half as fast as you do now, and you'll use less air.

### **4. Stay Shallow**

Because your regulator has to deliver air at the same pressure as the water, a lungful at 33 feet (two atmospheres) takes twice as much out of your tank as does the same breath at the surface. At 99 feet (four atmospheres) it takes twice as much as at 33 feet. There's absolutely nothing you can do about that except to avoid being deeper than you have to be. If you're making a transit over an uninteresting sand flat to get to the edge of the drop-off, do it at 15 feet instead of at 40 feet, and you'll save air.

### **5. Minimize the Lead**

If you're overweighted, you have to put more air into your BC to float it and be neutral. The inflated BC is larger and requires more energy and oxygen to push it through the water. An extra eight pounds of lead means your BC is one gallon bigger when inflated enough to make you neutral.

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## **FLORIDA KEYS DIVING JULY 8 TO JULY 12**

Note the change from the prior schedule of the week of July 4<sup>th</sup>, this week did not seem to fit for anyone. I would like to spend a day or 2 in the Key West area to dive the Vandenberg wreck, and then journey north to Key Largo or Islamorada to dive the Spiegel Grove and other wrecks. Plan have yet to be finalized, but I talked to several dive charters at OWU and they would be glad to have us. We may even charter a boat with Cap'n Dave to live on board and do some reef diving after diving wrecks in the AM.

Plans are not final, but I do need to know commitments soon if we are to book charters and hotels. \$50 payable to The Tritons will sign you up; let Jim know at the March meeting or shortly thereafter. This will be fun. I am game because I had to miss the Keys trip in 2011.

TIC: Jim Hynan 847-559-9014 [jhynan74@gmail.com](mailto:jhynan74@gmail.com)

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## **ROAD RALLY! SUNDAY, MAY 5**

It has been a few years since we have done this but back by popular demand!! Try to be the team back in the shortest amount of time . . .with all the items on your list. Everyone must wear seat belts and obey all traffic laws, but following the list of instructions can be a real hoot. More info to come!!

TICs: Joan Chibe and Pam Romund



## UNDERWATER COMPETITION

**Sunday, March 10**

**Pavilion Pool Complex  
1000 Wellington Avenue  
Elk Grove Village**

**Doors Open at 11:30 AM**

**Competition Begins at 12:30 PM**

The Pavilion Pool Complex in Elk Grove Village, this is at the corner of Wellington and Biesterfield Road. Exit Route 53 at Biesterfield, go east to Liechester Road. Turn south on Liechester, turn into large parking lot and go to the door that is behind the trailer parked by the building.

Come on, come all - all skill levels welcomed – whether you are a new diver or one well-seasoned, everyone is invited **to participate**. **Test your skills against the best of the best – the members of the Illinois Council of Skin and SCUBA Diving Clubs**. Start getting your team together. Don't have enough for a team? No problem there is room for everyone, we will get you matched up with others looking for the thrill of competition.

What will it be this year? Underwater tricycle racing, three-finned race, underwater obstacle course, there are so many possibilities. You need to bring your C card and complete a liability release form. Also bring your own dive equipment, swim suit, and towel. You will need to arrive no later than 11:30 AM if you are planning to participate – there is paperwork to complete.

Contact Brian Clarke (Brian@darkknightauto.com) or Joe Leibovitz (joeleibovitz@gmail.com) if you are interested in joining the Triton team.

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## 56<sup>th</sup> Annual Triton Anniversary Party

**Saturday April 13, 2013**

**6 PM to 10 PM**

Here ye, Hear ye. All Triton Members, family and guests are cordially invited to this year's annual anniversary party. We will be partying at Philly G's in Vernon Hills, IL from 6 PM to 10 PM with plenty of high jinx and camaraderie. So, if you are looking to beat the winter snow dole drums and have a good time doing so, plan on joining us for this annual Triton event. Here are the details.

When: **Saturday April 13, 2013 6 PM to 10 PM**  
 Where: **Philly G's, 1252 E. Hwy. 45, Vernon Hills, IL 60061**  
 Cost: **\$37.50/person includes dinner, tax and gratuity**  
 Menu: **Appetizers, entrée (4 to choose from) desert and unlimited soft drinks, coffee and tea.**

*Philly G's*

There will be a cash bar for purchasing your favorite alcoholic libations.

**\*\*You will be able to choose from the following entrée selections:\*\***

Veal Marsala, Chicken Gilardi ( sautéed chicken breast), Three Cheese Ravioli or Chicken Parmagiana. You will make your entrée selection with the wait staff at the restaurant so you do not need to let us know what you would like ahead of time.

The absolute deadline for signing up is Tuesday April 9, 2013 but if at all possible, please let either Ed Littel or myself know by the March Business meeting if you will be attending and bring family or guests with you. Hope to see you at Philly G's on April 13<sup>th</sup>.

Randy Skiba TIC, [r\\_skiba@comcast.net](mailto:r_skiba@comcast.net) and Ed Littel Assistant TIC, [ee2littel@sbcglobal.net](mailto:ee2littel@sbcglobal.net)

CHECK YOUR CALENDAR - THIS YEAR'S BIKE RIDE IS

**SUNDAY!!!!**

**MEMORIAL DAY BIKE RIDE**

ON **SUNDAY**, MAY 26, 2013

MEET AT MILT & MARGY'S HOUSE AT 10 AM FOR DONUTS

Join the Tritons for a bicycle ride, walk, or just lots of food.

Bring your bicycle or feet, \$5 and a dish to share.

We will take a short drive to access the Des Plaines River Trail, a great, crushed-gravel bike and hike trail.



Address, phone, & directions for Milt and Margy Levenberg's house:

31057 Prairie Ridge Road, Libertyville (really it's Green Oaks)

847-680-1223 (Margy at home) 847-858-1271 (Milt on cell phone)

**I-294 North to I-94 North to Route 137 (turn left/west on Buckley Road)**

to O'Plaine Road (turn right/north) to Guerin Road (turn left/west)

to Prairie Ridge Road (turn right/north). Veer left on the circle

to 31057 on the left. Park only on the left side of the street.

<http://wizardcraft.net/map-to-levenberg.html>

Bring a cell phone or walkie-talkie to communicate on the trail

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**SEASON OPENER!**

Time to get your gear out of hibernation and bring to Haigh Quarry for the first dive of the 2013 season. Have that new piece of gear you want to try or maybe an older piece that just was repaired? Come out to the Quarry and enjoy the day, lots to eat and drink and friends to say hi!

**Haigh Quarry, Kankakee, IL Saturday, May 18**

More details to come at the March and April Business meetings.

Contact TIC: Scott Reimer  
847-788-0417 streimer1@comcast.net

JOIN THE TRITONS  
**FOR**  
**WOLVES HOCKEY**



**CHICAGO AND MILWAUKEE**

**\$16.00**

**7:00 PM MARCH 9 2013**

ALLSTATE ARENA  
TIC ADOLPH HABICH  
ahabich@aol.com

**JOIN US FOR REFRESHMENTS AFTER THE GAME**



## A big *Triton* THANK YOU!

The following businesses support our organization and we thank them for the generosity. The next time you stop in mention you are a Triton & personally thank them for their support.

### **BELOW H20**

554 S. Route 59  
Naperville, IL 60540  
630-820-2531

### **CHICAGOLAND SCUBA**

732 S. Rand Road  
Lake Zurich, IL 60047  
847-540-7211

### **DJ'S SCUBA LOCKER**

9301 W. Ogden Ave.  
Brookfield, IL 60513  
708-442-4388

### **HAIGH QUARRY**

2738 E 2000 North Road  
Kankakee, IL 60901  
815-939-7797

### **PIRATE'S COVE DIVING**

1103 West Oklahoma Avenue  
Milwaukee, WI 53215  
414-482-1430

### **SCUBA SYSTEMS**

3919 Oakton  
Skokie, IL 60076  
847-674-0222

### **BERRY DIVE CENTER**

3402 N. Milwaukee  
Northbrook, IL  
847-358-3848

### **DD DIVE SHOP**

1039 Waukegan Road  
Glenview, IL 60025  
847-657-3483

### **ENTERPRISE MARINE**

420 Michael Court  
Des Plaines, IL 60016  
847-640-8113

### **PEARL LAKE RESORT**

Highway 251  
South Beloit, IL 61080  
815-389-1479

### **SCUBA EMPORIUM**

16336 S. 104th Avenue  
Orland Park, IL 60467  
708-226-1614

### **TOUCAN DIVE CENTER**

756 Frontage Road  
Lake Villa, IL 60046  
847-356-7826

### **UNDERSEAS SCUBA CENTER**

611 N. Addison Avenue  
Villa Park, IL 60181  
630-833-8383

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## **GHOST SHIPS FESTIVAL 2013** **MARCH 15-16, 2013**

**New Venue: Crowne Plaza Milwaukee Airport Hotel**



This year we are excited to be hosting the event at the Crown Plaza Milwaukee Airport Hotel, conveniently located off I-94 just south of General Mitchell International Airport. The Ghost Ships Festival is Wisconsin's largest trade show devoted to Scuba Diving and Great Lakes Maritime History. Exhibits, workshops, and presentations cover just about every aspect of Great Lakes maritime history and scuba diving. You can purchase your tickets through our secure online ticketing page.

Visit our [web site](http://www.ghostships.org/) for more information. <http://www.ghostships.org/>



## *The Tritons*

FOUNDED IN 1957

P. O. Box 1025  
Des Plaines, IL 60017-1025

March, 2013

*Triton* DIVE LINE: 847-394-0975

*www.TheTritons.com*

*DAN Sponsor -# 29362*

## *The Tritons*

**See you Tuesday, March 26, 2013 at 7:30 PM**

General elections will be held, be sure to come out and vote. Can't make the meeting? Get your proxy to someone who will be attending, make sure your voice is heard.

## *Giuseppe's*

**1062 Lee St Des Plaines, IL  
(847) 824-4230**

The restaurant is situated on Lee Street, north of Algonquin and south of Northwest Highway